

# **Health Reform for Racial and Ethnic Minorities**

## **Lower Costs for Minority Families**

### ✓ Insurance Industry Reforms that Save Money

 Caps what insurance companies can require families to pay in out-of-pocket expenses, such as copays and deductibles, prohibits lifetime limits on how much insurance companies cover if beneficiaries get sick, and regulates the use of annual limits to ensure access to necessary care until 2014, when annual limits are prohibited.

#### **✓** Premium Relief

Requires premium rate reviews to track any arbitrary premium increases, cracks down on excessive insurance overhead by applying standards on how much insurance companies can spend on non-medical costs, such as bureaucracy and advertising, and provides consumers a rebate if non-medical costs are too high. Provides sliding scale premium tax credits for those who cannot afford quality health insurance.

## **Greater Choices**

## **✓ Eliminates Insurance Company Discrimination**

- o Prohibits insurance companies from denying coverage or charging more based on a person's medical history, including genetic information.
- O Provides people who have health problems, but who lack access to health insurance, access to a plan that protects them from medical bankruptcy, within 90 days of enactment. This high risk pool is a stop-gap measure that will serve as a bridge to a reformed health insurance marketplace.

### **✓** More Affordable Choices and Competition

o Creates state-based health insurance Exchanges to provide a variety of choices, including private options, co-ops, and multi-state plans, to foster competition and increase choice.

#### **✓** One-Stop Shopping

 Provides standardized, easy-to-understand information on different health insurance plans available through the Exchanges so Americans can easily compare prices, benefits, and performance of health plans to choose the quality, affordable option that is right for them.

### ✓ Insurance Security

Ensures that families always have guaranteed choices of quality, affordable health insurance if they lose their jobs, switch jobs, move, or become sick and provides premium tax credits to those who can't afford insurance, which will significantly reduce disparities in accessing high-quality health care. African Americans, Hispanics, and Native Americans are roughly twice as likely to be uninsured as the rest of the population.

#### **Strong Focus on Minority Health**

### ✓ National Institute of Minority Health

- o Elevates the National Center on Minority Health and Health Disparities at the National Institutes of Health from a Center to a full Institute, reflecting an enhanced focus on minority health.
- Codifies into the law the Office of Minority Health within the Department of Health and Human Services (HHS) and a network of minority health offices within HHS, to monitor health, health care trends, and quality of care among minority patients and evaluate the success of minority health programs and initiatives.

## **Quality, Affordable Health Care for Minorities**

#### **✓** Preventive Care for Better Health

Ensures that all Americans have access to free preventive services through their health insurance plans to create a system that prevents illness and disease before they require more costly treatment. This will help racial and ethnic minorities who are often less likely to receive preventive care. Vietnamese women, for example, are half as likely to receive a pap smear and twice as likely to die from cervical cancer as are White women.

#### **✓** Controls Chronic Disease

 Invests in care innovations such as community health teams to improve the management of chronic disease, which help the nearly 50 percent of African Americans who suffer from a chronic disease, compared with 40 percent of the general population.

### **✓** Promotes Primary Care

o Invests in the primary care workforce to ensure that all Americans have access to a primary care doctor so they stay healthier, longer. Strengthens the system of safety-net hospitals and community health centers to ensure high-quality, accessible care.

### **✓** Fights Health Disparities

Moves toward elimination of disparities that minorities currently face both in their health and in their health care by investing in data collection and research about health disparities. Expands initiatives to increase the racial and ethnic diversity of health care professionals and strengthen cultural competency training among health care providers.